

# SPECIAL SCHOOL NURSING NEWSLETTER



Volume 1/Issue 3 Summer Term 2022

## USEFUL CONTACTS:

### Continance:

Solent 0300 123 3797

Southern Health 02382 311690

### Havant Dental Team

0300 123 5096

### Orthotics:

02381 032800

### Wheelchair Services:

01323 847250

### Therapy Service/Team:

OT/Physio/SaLT

0300 300 2019

### Transition (Adult Team):

0300 555 1386

### Immunisations Team:

Southern Health 0300 003 0323

PLEASE SHARE YOUR

FEEDBACK ABOUT OUR  
SERVICE USING THE QR  
CODE BELOW:



Special School Nursing  
Team

c/o Rachel Madocks School,  
Eagle Avenue,  
Cowplain,  
Waterlooville,  
Hampshire  
PO89XP

Phone: 02392 241818

Email:

admin@rachelmadocks.hants.sch.uk

SSN DUTY: 0300 123 5069  
Email: SSNDL@solent.nhs.net  
Available Mon—Fri 9.00—15.00

## HELLO & WELCOME:

We are the Solent NHS Trust Special School Nursing (SSN) Team who work alongside your child's school to help to promote their health and wellbeing in school and beyond. We wanted to write to you to let you know what we do and can help you with and provide any relevant health updates from the



## YOUR SCHOOL NURSING TEAM:

Our team : Rachel Jones (Senior Special School Nurse) Becky Boxall (Special School Nurse) and Vicky Benford (Healthcare Support Worker)

After the Easter holidays we will have Lorna, a new Healthcare Support Worker joining us one day a week at school, supporting the Nursing Team.

You'll find us at the school most days apart from Tuesdays. This is when Therapies attend school using the medical room as their base.

If you need to contact us, the best way to do this is via email:

[snhs.rachelmadocksurses@nhs.net](mailto:snhs.rachelmadocksurses@nhs.net)

## FOCUS: Transition - Annual Health Check

Did you know that once your child has reached 14 they are eligible to visit their GP for an annual health check?

You need to check that they are recorded as having a Learning Disability on their GP record to access this. Please contact your GP for more details.

You will be able to visit each year in addition to your current health services – this will continue when they are an adult. This is a good opportunity to help your child get to know your GP surgery and staff.

If you want to find out more have a look at the information on the Mencap website see link below:

<https://www.mencap.org.uk/advice-and-support/health/joining-learning-disability-register>

## Useful links:

With Summertime just around the corner, the following are links and websites for many useful products, including incontinence swimwear.

[https://www.fledglings.org.uk/collections/swim-and-accessories?gclid=EAlaIqobChMlssilQb789glVhLTtCh3tZAe5EAAYASAAEgLO1vD\\_BwE](https://www.fledglings.org.uk/collections/swim-and-accessories?gclid=EAlaIqobChMlssilQb789glVhLTtCh3tZAe5EAAYASAAEgLO1vD_BwE)

<https://www.splashabout.com/sun-swimwear/older-children-adults.html>



## Important Dates:

NCMP clinic - 5th May

Wheelchair clinic- (By appointment only)

12th May, 9th June, 14th July

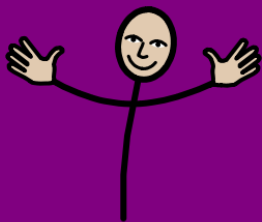
## Immunisations:

Covid 2nd Dose for 5-11 year olds-

26th & 27th May

Teenage Boosters & HPV Immunisations

17th June



## Useful Resources & Events:

**Kidz to Adulz Exhibitions - South. Find out more:**

<https://www.kidzexhibitions.co.uk/>

**National Autistic Society**

<https://www.autism.org.uk/>

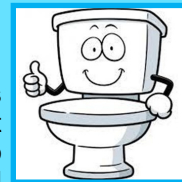
**Mind Charity**

<https://www.mind.org.uk/information-support/guides-to-support-and-services/>

**Swan UK**

<https://www.undiagnosed.org.uk/>

## **HEALTH PROMOTION - TOILET TRAINING INFORMATION**



Toilet Training is one of those childhood development stages that can come with its challenges. It is important to know that every child is different and will develop at their own pace. So we understand that knowing when they are ready may be hard to judge. So we would like to offer you some guidance on ways that could make the task a little less daunting. There is a lot of information out there, it's just knowing where to find it. Down below are some useful links for websites that we think are a great source of information. We are happy to support our families so if you would like any further guidance or information please feel free to contact the nursing team.

### USEFUL LINKS

[www.Autismlittlelearners.com](http://www.Autismlittlelearners.com) is a website that was created by an amazing lady called Tara. The site provides some really fantastic resources and information. Under the toilet training section there is some useful tips on ways to help children with autism toilet train. There is also some really great sensory stories that can be downloaded for free.

The children's bladder and bowel charity have a website called [www.ERIC.org.uk](http://www.ERIC.org.uk). This website has some information around bladder/bowel problems, toilet training, withholding and some great visual stories.

The National autistic society has a whole page on their website with information about toileting training children with autism and how to know when's the right time to start. Here is the link: [www.autism.org.uk/advice-and-guidance/topics/behaviour/toileting/parents](http://www.autism.org.uk/advice-and-guidance/topics/behaviour/toileting/parents)

Some children will have recently changed over to ID continence products. This link demonstrates the correct fitting of these new products. <https://m.youtube.com/watch?v=D9Q5mDZz1Nc>

## **FREQUENTLY ASKED QUESTIONS:**

We get asked lots of questions in school by staff and families and wanted to give you some of this information is easily shared on this newsletter which we will put out several times a year.

**Q:** Can my child be supported with hospital visits?

**A:** Desensitisation needs - is your child due to have any procedures at Southampton general hospital either inpatient or outpatient? Does your child have autism and/or a learning disability? Are they nervous or have challenging behaviours around the procedure that they are likely to require e.g. blood tests, scans/ x-ray?

We can support with referrals to specialist teams. We can also support with desensitisation programmes or social stories.

## **Important Messages:**

As government guidelines ease, please be assured that the Special School Nursing Team will continue to follow NHS Covid guidelines and wear PPE as we go between classes. We will still lateral flow test twice a week.

We are also supporting the Covid vaccination team when they come into the school as more children are invited for their vaccinations and boosters. You will of course be notified of this to give consent as it happens.

**Reminder**—when sending medication into school, please ensure it is unopened with the pharmacy label attached. Many thanks.

Please see the link to complete Hospital Passports at home. Your SSN team can provide support with this—<https://www.mencap.org.uk/advice-and-support/health/health-guides>