



14<sup>th</sup> January 2022

Dear Parents and Carers

### COVID Update

The Government has today announced the following:

#### Changes to the self-isolation period for those who test positive for COVID-19

From Monday 17 January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after five full days if they test negative with a lateral flow device (LFD) test on both day five and day six and they do not have a temperature. For example, if they test negative on the morning of day five and the morning of day six, they can return to their education or childcare setting immediately on day six.

The first test must be taken no earlier than day five of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed ten full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full ten day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#) is available.

If your child has tested positive, please inform us via email at [admin@rachelmadocks.hants.sch.uk](mailto:admin@rachelmadocks.hants.sch.uk) or telephone 02392241818.

Yours sincerely

Alison Francis

Deputy Headteacher